

# ***The County Connection***

## **District 23 - Area 86**

*Spring Summer Edition*  
**2014**



### **District 23 Website/Newsletter Chairperson**

Hello Everyone!

I am an alcoholic, a member of the Penthouse Group, currently serving as your newsletter and website representative for District 23 and my name is Jim. I'm going to adlib this article from our previous chairperson and add some of my perspectives and goals for this term. Our website has been up and running for a few years now and the response has been good! The traffic to the site has both new and returning visitors, not only from our own area but from literally around the world! We've received lots of positive feedback on the site from within our own District and from Area 86 as well. Our ultimate goal is to spread the AA message to the struggling alcoholic outside of the program, as well as current members everywhere. Another goal is to try and get some people involved and trained to pursue this district position for the next term. I've been announcing the need for members to consider getting active with this committee or any service position in AA. There has been no responses, and trust me I don't take that personal but the principle of the situation is that for a grateful bunch of drunks where is the action to fulfill these positions? We need to keep the doors of AA open and some members need to step up to the plate and be accountable. I'm not too concerned about members acknowledging this point because those who have read to this point (and there won't be many) will understand the principle expressed. God has the plan but he needs our service.

I am always looking for contributions to the newsletter as well as announcements for the website so please forward any suggestions to [newsletter@essexcountyyaa.com](mailto:newsletter@essexcountyyaa.com) for consideration. Thank you to everyone who have already contributed!

Yours in love and service,  
Jim B.



## District 23 Announcements



- Leamington Group Breakfast Meeting will be held Sunday, May 4, 2014. Doors open at 8:00am Breakfast at 9:00am. Speaker: TBA Bring family and friends, it's a wonderful day for fellowship!



"Those severe growing pains which invariably follow any radical departure from AA Tradition can be absolutely relied upon to bring an erring group back into line. An AA group need not be coerced by any human government over and above its own members. Their own experience, plus AA opinion in surrounding groups, plus God's prompting in their group conscience would be sufficient."

*AA Co-Founder, Bill W., March 1948*

*From: "Tradition Four"*

[The Language of the Heart](#)

"AA is a caring community ... of people who understand how others can be trapped in deep loneliness and despair."

*Toledo, Ohio, May 2001*

*From: "Why I Keep Coming Back"*

[Voices of Long-Term Sobriety](#)

### Quote Worthy

"In the life of each AA member, there still lurks a tyrant.

His name is alcohol."

*AA Co-Founder, Bill W., July 1946*

*From: "The Individual in Relation to AA as a Group"*

[The Language of the Heart](#)

"When I go to a meeting today, I no longer have the delusion that I am supporting a good cause. I need AA; AA did quite well without me during my ten years of self-exile. I go to AA meetings today to hear and see how God is working. When I share at a meeting, it is not to try and 'help' those poor wretches, it is because I need their help and guidance."

*El Paso, Texas, October 2006*

*From: "Garden Hose Sobriety"*

[Voices of Long-Term Sobriety](#)

"Sobriety does interesting things to the mind - clears it up some, lets a bit of honesty and truth filter in, and begins to demand reality."

*Pompano Beach, Fla., June 1978*

*From: "It Takes What It Takes"*

**Step by Step**

"If you do what you've always done, you'll get what you always got."

**Quote by Mark Twain**



## *District 23 Birthdays*

### *Submitted for*

### *January—September*



#### **ESSEX**

Vicky F. Jan. 1, 1996  
Norm P. Jan. 5, 1981  
Roy McA Feb. 27, 1987  
Marlene S. Apr. 6, 1996  
Tom B. June 11, 1986  
Tom D. Sept. 11, 2013  
Ray K. Sept. 11, 1987  
Denise P. Sept. 17, 1991  
Andy L. Sept. 29, 1994

#### **FELLOWSHIP OF MIRACLES**

Myra G.. Jan. 18, 2004  
Russ M. Jan. 18, 1979  
Rosie V. Apr. 18, 1996  
Judy P. Apr. 28, 2007  
Dave K. July 18, 1993  
Gary B. July 29, 2004  
Linda M. Sept. 3, 1982

#### **LIVE AND LET LIVE**

Ron K. Jan. 10, 1981  
July L. Jan. 15, 2010  
Curtis G. Jan. 25, 2010  
Mike H. Mar. 27, 2010  
Lorraine S. Mar. 4, 2004  
Lloyd G. Apr. 15, 1993  
Glen R. May 14, 1978  
Michael B. June 28, 2004  
George H. Sept. 15, 1991  
Pat D. Sept. 26, 1986

#### **LEAMINGTON**

Dawn A. Jan. 8, 2011  
Dorothy C. Feb. 14, 1991  
Jack L. Mar. 4, 1977  
Mark K. Mar. 5, 2000  
George M. Mar. 9, 1966  
Louanne Mar. 18, 2007  
Paul M. Apr. 28, 2013  
Lori C. May 11, 1995  
Todd B. May 14, 2012  
Bob B. May 19, 1976  
Gord B. May 20, 2010  
Roger R. May 28, 1988  
Tara D. May 23, 2012

Doug W. May 24, 1991  
Rudy K. July 14, 1978  
Bob R. July 18, 1989  
Rob G. Aug. 2, 2011  
Ben H. Aug. 10, 1998  
Paul J. Aug. 12, 2001  
Henry D. Aug. 13, 1999  
Terry C. Sept. 20, 2004  
Ken C. Sept. 23, 2010  
Peter Q. Sept. 26, 2011  
Todd W. Sept. 27, 1990

#### **PENTHOUSE**

Dave T. Jan. 4, 1983  
Serge B. Jan. 8, 1988  
Maggie M. Feb. 25, 2007  
Mike L. Apr. 10, 1983  
Jim B. Apr. 24, 1979  
Ryan L. May 29, 2010  
Ed F. June 1, 1998  
Bob H. June 3, 2005  
Jeff D. June 24, 2008  
Roy R. Aug. 2, 1996

#### **SUN PARLOUR**

Bill W. Dec. 2, 1974  
Dave H. Jan. 3, 1973  
Don S. Jan. 9, 1987  
Betty F. May 21, 1977  
Paul P. June 10, 1985  
Gary F. July 9, 1980  
Ellen C. July 28, 1989  
Kim F. Aug. 15, 1981  
Leonard A. Aug. 18, 1981

Groups or individuals not submitted for listing are by Group or individual conscious and they need to address any changes through their GSR.

- Website/Newsletter Committee

"THE PATH TO FREEDOM"



# ONE DAY ROUND UP

In beautiful, historic, Kingsville Ontario - August 2, 2014  
*Lakeside Park Pavillion - 315 Queen Street*

*Featuring*

↘ *Long-Timers Panel*

↘ *Al-Anon Speaker: Debbie H., from Plum Unity Al-Anon,  
Pittsburg, PA*

↘ *A.A. Speaker: Butch M., from Barrie 3 Legacy Group*

↘ *Evening Speaker: Mildred F., from Toronto  
Rox Glen Group*

Tickets are only \$30.00

For more information use email address located below.

Also, tickets are available through some committee members.

Cut-off date July 26, 2014.

Cheques payable to Essex County One Day Round Up.

[onedayroundup@essexcountyyaa.com](mailto:onedayroundup@essexcountyyaa.com)

## DOORS OPEN AT 9AM

*Coffee, tea and muffins  
available throughout  
the day.*

*Lunch provided.*

Dinner by:  
**"FIREHOUSE CATERING"**

- *Broasted chicken*
- *Baby roasted potatoes*
- *Italian sausage*
  - *Penne*
  - *Rolls*
  - *Salad*
  - *Dessert*

Email for more info...

## Don't Quit

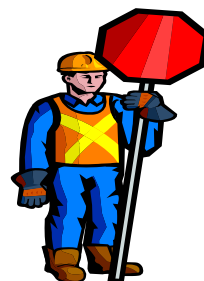
When things go wrong as they sometimes will,  
When the road you're trudging seems all uphill,  
When the funds are low and the debts are high,  
And you want to smile, but you have to sigh,  
When care is pressing you down a bit,  
Rest, if you must, but don't quit.  
Life is funny with its twists and turns,  
As every one of us sometimes learns,  
And many a failure has turned about  
When they might have won had they stuck it out.  
Don't give up though the pace seems slow;  
You may succeed with another blow.  
Success is failure turned inside out;  
The silver tint of the clouds of doubt.  
And you can never tell how close you are;  
It may be near when it seems so far.  
So stick to the fight when you're hardest hit  
It's when things seem worst that you must not quit.

Author: Anonymous

## District 23 No Harassment Zone

### Know your Rights!

- Right to feel safe
- Right to your personal space
- Right not to be bullied
- Right not to be intimidated



If you feel you are being harassed tell someone you trust. If you see someone else being harassed speak up and tell your GSR.

We are all responsible for making our meetings a  
**NO HARASSMENT ZONE.**



## Essex County AA—District 23 Website

Visit: [www.essexcountyyaa.com](http://www.essexcountyyaa.com)



Stay connected  
Find a meeting  
See special events and announcements  
View current and past newsletters  
Link to other AA websites and info  
And much more!



## *From the Literature.....*

"So when AA suggests a fearless moral inventory, it must seem to every newcomer that more is being asked of him than he can do. Both his pride and his fear beat him back every time he tries to look within himself.

Pride says, 'You need not pass this way,' and fear says, 'You dare not look!' But the testimony of AA's who have really tried a moral inventory is that pride and fear of this sort turn out to be bogeymen, nothing else. Once we have a complete willingness to take inventory, and exert ourselves to do the job thoroughly, a wonderful light falls upon this foggy scene. As we persist, a brand-new kind of confidence is born, and the sense of relief at finally facing ourselves is indescribable. These are the first fruits of Step Four."

Twelve and Twelve, Step Four, pg. 49

## **ACCEPTANCE** \*— *BIG BOOK* pg. 449—\*

"And acceptance is the answer to *all* my problems today. When I am disturbed, it is because I find some person, place, thing, or situation — some fact of my life — unacceptable to me, and I can find no serenity until I accept that person, place, thing or situation as being exactly the way it is supposed to be at this moment. Nothing, absolutely nothing happens in God's world by mistake. Until I could accept my alcoholism I could not stay sober; unless I accept life completely on life's terms, I cannot be happy. I need to concentrate not so much on what needs to be changed in the world as what needs to be changed in me and my attitudes."

If you would like to contribute to the  
"County Connection" newsletter please email your  
submission or comments to:

[newsletter@essexcountyyaa.com](mailto:newsletter@essexcountyyaa.com)

Thank you!

